



# DAWESOME DETAILS

PUBLISHED LAST WEDNESDAY OF EACH MONTH

JANUARY 27, 2017

Phone: (403) 343-3288

Attendance Line: Press "1"

## STUDENTS MUST DRESS APPROPRIATELY FOR THE WEATHER

Please ensure that your child/children dress properly for outdoor recess. Fresh air and outdoor activities are very important during the winter months. Our students will stay inside only if the temperature, with the wind chill is lower than  $-20$  degrees Celsius.



G.H. Dawe continues to run a battery recycling program and a program for recycling plastic writing tools (pens, markers, Sharpies, highlighters, etc.). If you have any dead batteries or unwanted plastic writing tools, please feel free to drop them off at our office!

COMING SOON - Shortly after the Winter Break, we will be starting a recycling program for used individual coffee capsules such as Keuring cups and Tassimo discs. We will be sure to let you know when the program starts so you can take part. As well, Mrs. Beierbach's grade 4/5 class are starting up a recycling program for food wrappers from items such as Bear Paws, Fruit Roll-Ups, chips, granola bars, etc.

In addition, please remember: We need to **REDUCE** the amount we use and buy, **REUSE** or **REPAIR** items, and **RECYCLE** before we send items to the landfill.

Thank You!

Grade 4 & 5 Classes

## NO SCHOOL ON THE FOLLOWING DAYS:

FAMILY DAY HOLIDAY - MONDAY, FEBRUARY 20



WINTER BREAK - TUESDAY & WEDNESDAY, FEBRUARY 21 & 22

TEACHERS' CONVENTION - THURSDAY & FRIDAY, FEBRUARY 23 & 24

- ⇒ **ABSENTEE MESSAGES** - Remember to phone the school at (403) 343-3288. Absentee messages are checked each morning. If we have not received a call from you, Mrs. Shaw or Mrs. Hamilton will call the home phone and alternate numbers. A quick phone call from you saves us so much time.
- ⇒ **PARENT VOLUNTEER FORMS** - All adults who plan to volunteer, must provide the school with a Police Information Check and Reference forms. We have the letter and forms in the school office. There is a cost of \$5.00 and it takes two weeks to have it processed and mailed to you. If you completed these forms last school year and brought them to the school office, you do not have to redo them. The Police Information Check is valid for five years.
- ⇒ Winter Walk Day is on Wednesday, February 1. Our students and staff will be participating in this walk promoting being active in the outdoors during winter.
- ⇒ NO SCHOOL: Friday, February 17 for Staff Learning Day.
- ⇒ NO SCHOOL: MONDAY, FEBRUARY 20 for FAMILY DAY.
- ⇒ NO SCHOOL: TUESDAY & WEDNESDAY, FEBRUARY 21 & 22 for WINTER BREAK.
- ⇒ NO SCHOOL: THURSDAY & FRIDAY, FEBRUARY 23 & 24 for TEACHERS' CONVENTION
- ⇒ Monthly Assembly on Tuesday, February 28 at 1:00 p.m. hosted by the Kindergarten students.
- ⇒ School Council Meeting on Tuesday, February 28 at 6:30 p.m.

## FEBRUARY'S Strength of the Month is "GRIT"

Behaviours that show "GRIT":

- I finish what I start.
- When something is difficult, I keep trying.
- When I make a mistake, I try something new and don't give up.

Kids who are hopeful are happier. They perform better in academics and athletics and are more satisfied with life. Hopeful kids have better relationships with adults and friends.

### ***What can parents do to help their kids develop grit?***

\* **Instead of praising your child for his grades or for being "smart," praise him for being tenacious and determined.** Children who have "stick-with-it-ness" are more likely to succeed in school and other areas of their lives.

\* **Allow your child to get frustrated.** It is difficult to watch a child struggle. But challenges will help your child learn that true achievement doesn't come easily. If children are continually "rescued" from difficult situations, they miss opportunities for learning problem-solving skills. Tell them about a time when you struggled and then persevered.

\* **Most of all, remind your kids every day that failure is not something to be afraid of.** Failure happens to everyone at some point. Mistakes provide opportunities to learn.

For more ideas about how to help your child develop "GRIT", check out:

[http://www.huffingtonpost.com/jessica-smock/can-parents-teach-our-kid\\_b\\_4687334.html](http://www.huffingtonpost.com/jessica-smock/can-parents-teach-our-kid_b_4687334.html)



National Non-Smoking Week was created to achieve the following goals:

- ⇒ to educate Canadians about the dangers of smoking;
- ⇒ to prevent people who do not smoke from beginning to smoke and becoming addicted to tobacco;
- ⇒ to help people quit smoking;
- ⇒ to promote the right of individuals to breathe air unpolluted by tobacco smoke;
- ⇒ to denormalize the tobacco industry, tobacco industry marketing practices, tobacco products, and tobacco use; and
- ⇒ to assist in the attainment of a smoke-free society in Canada.

This year's theme is: **Tobacco Free for Life...Choose Now!**

Tobacco use has long been recognized as an addiction, resulting in the deaths of half of its users<sup>1</sup>. It is the leading cause of preventable illness, disability and premature death in Canada<sup>2</sup> and the leading cause of preventable death worldwide<sup>3</sup>. Further, medical and scientific evidence demonstrates that second hand smoke is hazardous to a person's health as there is no safe level of exposure.<sup>4</sup>

Approximately 69% of smokers want to quit smoking (Centers for Disease Control and Prevention 2012).

Source: <http://nnsw.ca>

**If you or someone you care about need support to quit, we can help!**

<https://www.albertaquits.ca/>

# January 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2	3	4	5	6	7
Christmas Break No School						
8	9 Students Return to School	10	11	12 Choir - 12:25 p.m.	13 Reading Buddy Program	14
15	16	17	18	19 Choir - 12:25 p.m.	20 <b>NO SCHOOL</b> Staff Learning Day	21
22	23	24	25	26 Assembly - 9:15 a.m. Hosted by grade 7 & 8 Choir - 12:25 p.m.	27 Reading Buddy Program	28
29	30 Dental Health Program	31 School Council - 6:30 p.m.				
		<b>Notes</b> Please ensure that your child is properly dressed for the Winter temperatures. Students will be outside for recesses. Students will stay inside only if the temperature, with the wind chill is lower that 20 degrees Celsius.				